

**The BDD Workbook: Overcome Body Dysmorphic  
Disorder And End Body Image Obsessions By James  
Claiborn**

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### **James claiborn (author of play to talk) -**

James Claiborn is the author of The BDD Workbook 1 review, published 2002), The Habit Change Workbook (3.14 avg rating, 14 James Claiborn s Followers.

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Here s part two of my interview on body dysmorphic disorder BDD Workbook: Overcome Body Dysmorphic Disorder and End Body Image Obsessions, by Dr. James

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**Recognizing, understanding and treating body**

treating BDD; ABOUT THE SPEAKER. James M. Claiborn, is the first author of The BDD Workbook: Overcome Body Dysmorphic Disorder and End Body Image

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