

Blending Science With Spices: Tasty Recipes & Nutrition Tips For Healthy Living By Gita Patel

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Blending science with spices: tasty recipes -

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Spices Tasty Recipes & Nutrition Tips for Healthy Living". She tells us how to include certain herbs and spices in recipes that can contribute to health and

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Cookbook author interview: gita patel: i take

What is the name of your cookbook? Blending Science with Spices: Tasty Recipes & Nutrition Tips for Healthy Living (Indian, Vegetarian, Gluten-Free)

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Healthy Food Talk Honors Late said Gita Patel, an Etna dietitian and nutritionist and author of Blending Science with Spices: Tasty Recipes & Nutrition Tips

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About us | diabetes everyday

Gita Patel is a registered dietitian, Blending Science with Spices: Tasty Recipes & Nutrition Tips for Healthy She is the founder of Real Living Nutrition

Book giveaway and interview- blending science with

regarding the release of her new book Blending Science with Spices: Tasty Recipes Gita Patel MS RD/LD CDE CLT Nutrition Tips for Healthy Living

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